


Brides
 AND
 BEAUTY

Friday, 14 August 2009					
	Time	Title	Synopsis	Speakers' Profile	Exhibitor
	2pm - 3pm	Palette of Success – Tips from the Expert on Putting Your Best Face Forward	Pick up tips on skin care and makeup. Learn how to enhance your features, camouflage flaws and put your best face forward! There will be a demonstration followed by a hands-on practice session	Ms. Yvette Foo, has 13 years of experience in the Beauty Industry and is currently with TOUCHE as a Speaker and Workshop Presenter.	Touche
	4pm - 5pm	Choosing the Perfect Diamond and not Bust Your Budget! [Mandarin]	You will learn how to choose a diamond that maximises your budget and also clarify common misconceptions about diamond buying. Each attendee will receive a S\$50 voucher	Ms Amy Ho graduated from GIA, with more than 20 years of experience in diamonds.	Soul Good Jewellery
	5pm - 6pm	The Easiest Way to Look Good	Comparisons of 2 latest techniques and technology for body contouring that encapsulates personal overall well-being. There will be a demonstration followed by a hands-on practice session.	Dr Francis Tjang , Medical Director	Orchard Medical Centre
	6pm - 7pm	八字论命, 窥看一生行运 [Mandarin]	如何趋吉避凶, 运用五行补运	八字权威 唐家东师傅 主讲 Master Jackie Tang	缘中秀 New Trend Lifestyle
	7pm - 8pm	The Ultimate 3 Golden Rules – Live a Vibrant and Fulfilling Life!	Learn the 3 golden rules that can help keep you fit and active. The 3 rules tackle the human body reaction to Environmental Stress, Unhealthy Food Intake & Undesired Appearances so you can live a vibrant and fulfilling life!	Ms. Yvette Foo, has 13 years of experience in the Beauty Industry and is currently with TOUCHE as a Speaker and Workshop Presenter.	Touche
	8pm - 9pm	Melilea Inner & Outer Beauty Workshop [Mandarin]	Achieve both inner and outer beauty with the use of organic skin care products.	Ms. Grace Chong, Professional Nutritionist, BSc (Hons) Nutrition & Community Health.	Melilea Int'l



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Saturday, 15 Aug 2009					
	Time	Title	Synopsis	Speakers' Profile	Exhibitor
	12pm - 1pm	Palette of Success – Tips from the Expert on Putting Your Best Face Forward	Pick up tips on skin care and makeup. Learn how to enhance your features, camouflage flaws and put your best face forward! There will be a demonstration followed by a hands-on practice session	Ms. Yvette Foo, has 13 years of experience in the Beauty Industry and is currently with TOUCHE as a Speaker and Workshop Presenter.	Touche
	1pm - 2pm	Anti Aging Formula [Mandarin]	Learn about the basic structure of the skin and how Triple C can slow down the process and signs of aging and boost skin fairness and elasticity. Workshop includes demonstration and hands on session	Ms Chen, 20 years of experiences in Beauty Industry	Ucara
	2pm - 3pm	Perk Me Up - Bustline	How do you know your bust needs help? How to select the right lingerie and wear it right? Upsize delight - increase cups size the natural way! Simple DIY massages for bust health. Bust treatment and permanent hair removal. Each attendee will receive a pair of "Inch-off" pants worth S\$45.90 and a set of body cream imported from Switzerland.	Ms. Ruth, Director for Lurve - Exclusive distributor for quality contouring lingerie in Singapore	Emedispa / Lurve
	5pm - 6pm	French Perfume and Makeup Sentiments	An introduction to the characteristics of French perfume and a demonstration of French inspired makeup.	TBC	Estebel Spa
	6pm - 7pm	Technology to clear and beautiful complexion	What is laser and how it works? What can it be used for? Will pigmentation returns? Is the process painful? About post-treatment care	Dr Francis Teng , Medical Director	Orchard Medical Centre
	8pm - 9pm	The Ultimate 3 Golden Rules – Live a Vibrant and Fulfilling Life!	Learn the 3 golden rules that can help keep you fit and active. The 3 rules tackle the human body reaction to Environmental Stress, Unhealthy Food Intake & Undesired Appearances so you can live a vibrant and fulfilling life!	Ms. Yvette Foo, has 13 years of experience in the Beauty Industry and is currently with TOUCHE as a Speaker and Workshop Presenter.	Touche



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Sunday, 16 Aug 2009					
	Time	Title	Synopsis	Speakers' Profile	Exhibitor
	12pm - 1pm	Butt Up	Glean the secret to obtaining a perky butt. Also, pick up tips on selecting good lingerie and simple exercises for toning the bottom. Also find out the various options in cellulite removal. Each attendee will receive a pair of "Inch-off" pants worth S\$45.90 and a set of body cream imported from Switzerland.	Ms. Ruth, Director for Lurve, exclusive and quality contouring lingerie in Singapore	E-Medispa / Lurve
	1pm - 2pm	A Guide to Smooth Sexy Legs	Find out what causes varicose and spider veins and the difference between them. Pick up tips from the experts on how to minimise and remove these unsightly veins and achieve smooth, flawless legs.	Dr. Imran Nawaz - Consultant Vascular Surgeon, Singapore Vein Centre Pte Ltd	Singapore Vein Centre Pte Ltd
	2pm - 3pm	Palette of Success – Tips from the Expert on Putting Your Best Face Forward	Pick up tips on skin care and makeup. Learn how to enhance your features, camouflage flaws and put your best face forward! There will be a demonstration followed by a hands-on practice session	Ms. Yvette Foo, has 13 years of experience in the Beauty Industry and is currently with TOUCHE as a Speaker and Workshop Presenter.	Touche
	4pm - 5pm	Achieve a Clear and Translucent Complexion with Herbal Formulas [Mandarin]	Learn how the use of herbs can enhance skin luminosity, clarity and texture. Understand the benefits of a painless herbal facial as compared the the conventional painful extractions. Volunteer from the audience will be asked to demonstrate the facial on.	Ms Chen, 20 years of experiences in Beauty Industry	Ucara
	6pm - 7pm	The Easiest Way to Look Good	Comparisons of 2 latest techniques and technology for body contouring that encapsulates personal overall well-being.	Dr Francis Tjang , Medical Director	Orchard Medical Centre
	7pm - 8pm	The Ultimate 3 Golden Rules – Live a Vibrant and Fulfilling Life!	Learn the 3 golden rules that can help keep you fit and active. The 3 rules tackle the human body reaction to Environmental Stress, Unhealthy Food Intake & Undesired Appearances so you can live a vibrant and fulfilling life!	Ms. Yvette Foo, has 13 years of experience in the Beauty Industry and is currently with TOUCHE as a Speaker and Workshop Presenter.	Touche



All Workshops Are Free to Public. Limited Seats available, registration on a first-come-first serve basis. Please indicate your workshop of interest by ticking where appropriate.

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- [5.00pm – 6.00pm] The Easiest Way to Look Good
- [6.00pm – 7.00pm] 八字论命，窥看一生行运 [Mandarin]
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[Mandarin]
- [6.00pm – 7.00pm] The Easiest Way to Look Good
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Registration Information

Name: _____

Contact Number: _____ (Home) _____ (Mobile)

E-mail: _____

To register, simply fax the completed form to Sphere Exhibits Pte Ltd at 6319-6140.